

Du Quoin Community Unit School District #300



Athletic/Extra-curricular
Controlled Substance, Steroid and Alcohol Testing Policy
For Du Quoin High School

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Athletic/Extra-curricular/School Parking Privileges Controlled Substance, Steroid and Alcohol Testing Policy

Introduction

Student participation in District – sponsored athletics/extra-curricular activities is a privilege, not a right. The use of controlled substances, alcohol, and/or anabolic steroids by students participating in athletics/extra-curricular activities is hazardous to the health, safety, and welfare of the student and others. It is the policy of Du Quoin Community Unit District #300 Board of Education, that students wishing to participate in athletics/extracurricular activities must consent to be tested for use of controlled substances, alcohol, and anabolic steroids. **Those students identified within the random drug-testing program will be held to the policies within this document. All other students identified through other means will be disciplined within the student or athletic handbook.**

Definitions

A. Athletic/Extracurricular Activity – is an athletic/extracurricular activity sponsored by the school district which involves participation in athletic/extracurricular activities or parking privileges.

B. Interscholastic Athletic Team, Parking Privileges or Extra-curricular Activity- is any school-sponsored organization that engages in interscholastic athletic or extracurricular activities. Groups include but are not limited to Cross Country, Golf, Band, Speech, Volleyball, Football, Basketball, Cheerleading, Indianettes, Baseball, Softball, Track, Scholar Bowl, Parking privileges, Dances, etc.

C. Student- Is any student who participates in any interscholastic athletic/extra-curricular activity or maintains parking privileges.

D. Participation- is the taking part or being a member of any interscholastic athletic/extra-curricular activity or parking privileges.

E. Alcohol- Is the intoxicating agent in any beverage, mixture or preparation as defined in the Liquor control act, 235 ILCS 5/1-3 et. seq. The term alcohol for purpose of this policy shall also include but not limited to, spirits, wine and beer as defined in the Liquor Control Act.

F. Controlled Substances- are those substances prohibited by the Illinois Controlled Substances Act, 720 ILCS 570/101 et. seq. and the Cannabis Control Act, 720 ILCS 550/1 et. seq. and include but are not limited to the following:

- Amphetamines
- Barbiturates
- Benzodiazepines
- Cocaine
- Marijuana
- Methadone
- Methaqualone
- Opiates
- Phencyclidine
- Propoxyphene
- Anabolic steroids

Prohibited Conduct

Students shall not possess, sell, distribute, excrete or be under the influence of any controlled substance, anabolic steroid or alcohol while a member of any interscholastic team or extra-curricular activity at anytime, this includes the off season, and summertime.

Required Consent

In exchange for the privilege of, and as a condition of the student's participation in any interscholastic athletic or extra-curricular activity sponsored by the School District, a student and his/her parent(s)/guardians(s) must consent to an alcohol, steroid, and controlled substances test randomly conducted during his/her participation in any interscholastic athletic or extra-curricular activity. The consent form will be provided by the district and must be returned to the Athletic Director or administrator. The signed consent shall be valid for the remainder of the student's career at Du Quoin High School.

Testing

A. Random Testing

1. The School District shall conduct unannounced random alcohol, steroid and controlled substance testing of students during the year (including summer). Student ID numbers will be randomly produced by a website data base.
2. Each student selected for random alcohol, steroid and/or controlled substance testing shall proceed to the test site upon notification. Failure to report to the test site by the student, unless excused from school, will result in loss of participation in the Interscholastic athletic/extra-curricular activity until such testing can be completed.
3. The steps involved in random drug testing are as follows:
 - a. Student's identification numbers will be randomly chosen from a registered web site database.
 - b. Students will be notified at school that they have been chosen for a random drug test and will report to the main office.
 - c. Students will be escorted from the main office to the school nurse's office individually to test.
 - d. Students will be tested using a saliva stick test.
 - e. If a student tests positive using the saliva stick test they will be transported by designated school staff to Marshall Browning Hospital for a follow up urine test.
 - f. Students who are transported to Marshall Browning Hospital for follow up testing will be individually escorted to a designated area to provide a test sample.
 - g. The student will observe the sample being sealed. Listed on the seal will be the student's identification number and the date. The sample is then sent to a laboratory for testing.

- h. Student(s) will then be transported back to school when the sampling process is completed.
- i. All positive samples will be reviewed by a “Medical Review Officer.” The Medical Review officer will file their report to the DuQuoin Unit District contact person.
- j. The district contact person will meet with the student and parent/guardian to review the report.
- k. Information in this meeting will include, but is not limited to, the medical officers report, copy of test results received, the discipline received by the student in accordance with the random drug testing booklet, and the follow-up counseling sessions.

B. Reasonable Suspicion Testing

The School District may require a student in athletics or extra-curricular activities to submit to an alcohol, steroid and/or controlled substance test when a District administrator and/or coach or sponsor has reasonable suspicion to believe that the student has violated the School District’s policy prohibiting the use of alcohol, steroid and/or controlled substance by students. Reasonable suspicion must be based on specific contemporaneous, articulable observations concerning the appearance, behavior, speech or body odors of the student. The observations may include indications of the chronic withdrawal effects of controlled substances.

C. Retesting

In the event a student’s test is positive, the original sample will be retested. Designated employees and the licensed laboratory shall insure that all procedures shall be in place to insure the integrity of the retest results.

D. Self Reporting

Self reporting of the use of alcohol, steroids, and banned drugs may be implemented by the student or parent one time during their high school career.

Self reporting must be separate from the Athletic Extra-Curricular Policy, Student Handbook Policy, or any criminal investigation preceding the time of the self-report.

A student can self report immediately prior to or following a saliva test, be it positive or negative.

Penalties for self-reporting are as follows:

1. Prior to any further participation in any interscholastic athletic or extra-curricular activity , the student and his her parent(s)/guardian(s) shall meet with a minister/counselor. The minister/counselor shall also advise the parent(s)/guardian(s) of treatment recommendations. The School District will monitor the student’s progress toward completion of the recommended program.
2. Failure to seek treatment as recommended by the substance abuse counselor or minister of your church and other treatments as agreed to by the minister/counselor and the school district will result in the denial of participation

privileges in interscholastic athletic or extra-curricular activities for the one calendar year.

3. Any student who self reports will be immediately suspended from participation in interscholastic athletic and extra-curricular activities. The duration of the suspension will be 10% of the season's contests of the sport and extra-curricular activity in progress or 10% of the next sport and extra-curricular activity in which the student will participate. If the violation occurs with less than 10% of the season/activity remaining, the remaining percentage will be served during the next sport/activity in which the student participates. If the student decides to quit the activity, suspensions will be implemented for the next sport or activity in which they will participate.
4. Before returning from suspension for a first offense, the student and his/her parent(s)/guardian(s) must agree to submit to substance abuse testing at any time during the rest of their high school career. The student/parent will be responsible for the cost of these tests. Failure to agree to testing will result in suspension from the athletic/extra-curricular activities for one calendar year.
5. If the parent(s)/guardian(s) disagree with the School District's determination that the student violated the Interscholastic Athletic/Extra-curricular Eligibility Controlled Substances, Steroid and Alcohol Testing Policy, the parent(s)/guardian(s) may request a suspension appeal hearing in accordance with the procedures of due process.

Testing Procedures

A. Preparation for Testing

Initial testing will occur at the school and be conducted by the school nurse using a saliva stick test. The saliva test will be read by the school nurse and the principal or his/her designee. If a student tests positive he/she will be transported to Marshall Browning Hospital to verify the result through a urine test sample.

The School District and laboratory conducting the tests shall develop and maintain a clear and well-documented procedure for the collection, shipment and accessioning of urine specimens. Designated employees shall be trained by the laboratory to insure compliance with the collection, shipment and accessioning of urine specimens and procedures.

The school District and laboratory will use a Chain of Custody and Control Form to insure the integrity of the specimens provided. No personal identifying information of the student may be provided to the laboratory. The Custody and Control Procedures must be strictly adhered to by the designated employees and laboratory. Custody and Control Form samples can be reviewed at the Athletic Director's office, main office at the high school, or the district's central office.

Students will be required to verify any medications being used under doctor prescription after a positive test is reported. Such information will be presented to the

medical review officer in a sealed envelope and without prior review by School District employees or administrator.

B. Specimen Collection Procedures

The school nurse will execute the saliva test in the school nurse's office. Marshall Browning Hospital will only be utilized in the event of an initial positive saliva test.

Marshall Browning Hospital will coordinate materials, equipment, facilities and supervision to provide for the collection, security, temporary storage and shipping or transportation of urine specimens. In consultation with the laboratory, the School District has established security and chain of custody procedures to maintain the integrity of the sample collected. The individual student's privacy rights will be maintained to the extent appropriate without compromising the test results. (Also see "steps involved in random drug testing" under Testing A. 3).

C. Testing of Samples

The School District has purchased saliva testing sticks which can be read soon after the administration of the test. The school nurse and the principal or his/her designee will be responsible for the reading of the initial saliva sampling.

The School District has retained the services of a licensed laboratory for the purpose of testing the urine specimens provided at Marshall Browning Hospital and has developed procedures to insure the integrity of the sample collected. The laboratory shall only report the findings of their testing to employee(s) designated by the school district.

Notification of Test Results

- A.** The School District will notify the student and his/her parent(s)/guardian(s) of the Alcohol, Steroid and Controlled Substances test results if the test results are verified positive within 48 hours of receipt of the information by the School District. The student and his/her parent(s)/guardian(s) will also be notified of the substances determined to be present in the specimen.
- B.** If the results are positive, the notice will include:
 - 1. The time and date for the student and parent/guardian to meet with the school districts representatives.
 - 2. If it is a first time offense, the meeting will include the medical review officers report, dates for suspension and counseling sessions for the student will be announced to the student and parent(s)/guardian(s).
 - 3. If it is a second or third offense the meeting will include, the dates and duration of the suspension along with the Medical Review Officers report and counseling sessions.
 - 4. A statement of the parent(s)/guardian(s) rights to request a review of the suspension by the Athletic Director, Coach or Administration.

5. A statement that the failure to request review by the Athletic Director, Coach or Administration within five (5) days after the date of mailing shall be deemed a waiver to the right to review.
 6. The student/parent may appeal the decision of the Administration, Athletic Director or Coach, to the Board of Education.
- C.** A request to appeal the suspension must be in writing, directed to the Superintendent's office. All notifications requesting an appeal shall be confirmed by a letter to the parent(s)/guardian(s). If a request for an appeal of the suspension is timely filed, the parent(s)/guardian(s) shall be given written notification of the times and place of the hearing, the hearing shall be at a time not less than five days after the written notice of the review hearing is mailed.
- D.** The School District will notify the student and his/her parent(s)/guardian(s) of the alcohol, steroid and controlled substances test results within 5 working days of receipt by the School District if the alcohol, steroid and controlled substances test were negative.

Policy Violation

If a student's retest results verify the presence of alcohol, steroid or a controlled substance(s), the following procedures will be implemented.

A. Substance Abuse Assessment and Counseling – First Offense

1. Prior to any further participation in any interscholastic athletic or extra-curricular activity, the student and his/her parent(s)/guardian(s) shall meet with a school counselor. The School District will monitor the student's progress toward completion of the recommended program.
2. Failure to seek treatment as recommended by the school counselor and the School District will result in the denial or participation privileges in interscholastic athletic or extra-curricular activities for the one calendar year.
3. Any student who tests positive will be immediately suspended from participation in interscholastic and extra-curricular activities. The duration of the suspension will be 20% of the season's contests of the sport and extra-curricular activity in progress or 20% of the next sport and extra-curricular activity in which the student will participate. If the violation occurs with less than 20% of the season/activity remaining, the remaining percentage will be served during the next sport and activity in which the student participates. If the student decides to quit the activity, suspensions will be implemented for the next sport or activity in which they will participate.
4. Before returning from suspension for a first offense, the student and his/her parent(s)/guardian(s) must agree to submit to substance abuse testing at any time during the rest of their high school career. Failure to agree to testing will result in suspension from the athletic/extracurricular activities for one calendar year.

5. If the parent(s)/guardian(s) disagree with the School District's determination that the student violated the Interscholastic Athletic/Extracurricular Eligibility Controlled Substances, Steroid and Alcohol Testing Policy, the parent(s)/guardian(s) may request a suspension appeal hearing in accordance with the procedures of due process. See section under notification procedures.

B. Second Offense

1. For a second offense of the Athletic/Extra-curricular activities Controlled Substances, Steroid Alcohol Testing Policy during the student's career at DuQuoin High School, the student will be immediately suspended from participation in interscholastic athletic and extra-curricular activities for 40% of the seasons contests.
2. If the suspension occurs while a sport or extra-curricular activity is in progress, the percentage not served during that season will be served during the next sport and extra-curricular activity in which the student participates. If the student decides to quit the activity, suspensions will be implemented for the next sport and extra-curricular activity in which they will participate. The student/parent will be responsible for ALL costs related to treatment, assessment, and must also complete a substance abuse program.
3. Before returning from suspension for a second offense, the student and his/her parent(s)/guardian(s) must agree to submit to substance abuse testing at any time during the rest of their high school career. Failure to agree to testing will result in suspension from athletic/extracurricular activities for one calendar year.
4. If the parent(s)/guardian(s) disagree with the school District's determination that the student violated the Interscholastic Athletic/Extra-curricular Eligibility Controlled Substances, Steroid and Alcohol Testing Policy, the parent(s)/guardian(s) may request a suspension review hearing in accordance with the procedures of due process.

C. Third Offense

1. For a third offense of the Athletic/Extra-curricular Controlled Substances, Steroid and Alcohol Testing Policy during the student's career at DuQuoin High School, the student will not be permitted to participate in any interscholastic athletic/extra-curricular activity for the rest of their high school career.
2. If the parent(s)/guardian(s) disagree with the School District's determination that the student violated the Athletic/Extra-curricular Controlled Substances, Steroid and Alcohol Testing Policy, the parent(s)/guardian(s) may request a suspension review hearing in accordance with the procedures of due process.

School Dance Inclusion

Students whose only involvement in extra-curricular activities is attendance at school dances shall have penalties associated with a positive test. They are as follows:

- 1st Offense: Exclusion from the next scheduled school dance. If the offense occurs after the last dance of a school year, the penalty will carry over to the following year's first dance.
- 2nd Offense: Exclusion from the next three (3) scheduled school dances. If the offense occurs with fewer than three (3) dances remaining in a school year, the penalty will carry over to the following year's dances.
- 3rd Offense: Exclusion from school dances for the remainder of the student's high school career.

Dissemination of Policy

- A. The policy shall be disseminated to all students.
- B. This policy should be reviewed by students and their parent(s)/guardian(s).
- C. Students should return the acknowledgement form of the policy to administration.

Parent Request for Testing of Student

Upon notification to the superintendent of Schools and upon receipt of consent for such testing, any parent/guardian of any high school student may request that their son/daughter be tested for alcohol, steroid or controlled substance abuse. The cost for such testing shall be borne by the parent/guardian. The School District will comply with all testing procedures specified to insure the integrity of the results of such test. The School District will direct that these test results be sent to the parent/guardian.

Appeal Procedure

The student athlete and/or parent may appeal the decision of the Administration, Athletic Director or Coach/Sponsor, to the Board of Education. Any appeal to the Board of Education shall follow the rules and procedures promulgated by the Board and appropriate in dealing with such matters. The Board will afford due process to the athlete and/or parent who is contesting the decision of the administrator, athletic director, or coach/sponsor. The Board of Education's decision is final.



**DU QUOIN COMMUNITY UNIT DISTRICT #300
ATHLETIC/EXTRA-CURRICULAR CONTROLLED
SUBSTANCE, STEROID AND ALCOHOL TESTING POLICY**



**CONSENT FORM FOR CONTROLLED SUBSTANCE,
STEROID AND ALCOHOL TESTING**

I/We have received a copy of the Unit #300 Athletic/Extra I curricular Substance, Steroid, and Alcohol Testing Policy, have read, and understand the policy.

I/We desire that _____ (student) be permitted to participate in the athletic/extra-curricular program and hereby voluntarily agree to the terms of this program.

I/We accept the method of obtaining urine samples, testing of each specimen, and all other aspects of the program as explained in the policy. I/We agree that the above named student will cooperate in furnishing the urine specimens whenever requested within the specifications of this policy. Refusal to comply with the testing program will result in ineligibility in all interscholastic athletic and extra-curricular activities.

I/We further consent to the disclosure of sampling, testing, and results as explained in this policy.

This consent is given pursuant to all State and Federal Privacy Statutes and is a waiver of rights to non-disclosure of such test records and results only to the extent of the disclosures program.

Student Signature

Date

Parent/Guardian Signature

Date



**DU QUOIN COMMUNITY UNIT DISTRICT #300
ATHLETIC/EXTRA-CURRICULAR CONTROLLED
SUBSTANCE, STEROID AND ALCOHOL TESTING POLICY**



REFUSAL STATEMENT

STUDENT:

I HEREBY ACKNOWLEDGE that I refused to be tested on _____(date).

I UNDERSTAND that I am ineligible for all athletic and extra-curricular activities for one calendar year beginning the date of the refusal.

Student Signature

Principal/Administrator

Date